

#### PSYCHIATRIST-LED ACUTE BEHAVIORAL HEALTH SOLUTIONS

# **Array OnDemand Care**

Stabilizing Patients. Supporting Systems. Improving Outcomes.



### Solving the Behavioral Health Crisis in Acute Care

Health systems and hospitals face unprecedented behavioral health needs, especially in emergency departments, inpatient units, and crisis stabilization spaces. High demand and limited access to psychiatric care are contributing to longer ED boarding times, treatment delays, and extended inpatient stays. These challenges increase staff strain, reduce bed availability, drive up costs, and negatively impact patient experience and outcomes.

# Psychiatrist-Led Model, Tailored to Hospital Needs



Array OnDemand Care is a psychiatrist-led solution designed to deliver the **Right Care**, **Right Time**, **Right Dose™** for individuals experiencing a behavioral health crisis. Our board-certified psychiatrists provide expert evaluation, stabilization, and disposition recommendations to help hospitals improve patient flow, reduce delays and ensure timely, clinically appropriate care.

Hospitals can choose from **two service models** based on their needs:



**Disposition** – Psychiatrists conduct focused evaluations to support ED disposition decisions, offering medication recommendations and clear admit/discharge guidance



**Full Evaluation & Management** – A comprehensive model in which psychiatrists lead end-to end evaluation, treatment, and care coordination to support stabilization and safe transitions. **Services include:** 



**Emergency Psychiatric Evaluation** (*Emergency Departments*) – A comprehensive clinical assessment by a psychiatrist to determine risk, treatment needs, and appropriate level of care.



**Consult Liaison Services** (*Inpatient Medical Floors*) – Psychiatric evaluations and consults for patients with emerging or co-occurring behavioral health needs on med/surg floors. Includes documented recommendations in the EHR and close collaboration with the onsite medical team to ensure coordinated, effective care and improved outcomes.



**Acute Medication Management** – Initiation and management of stabilizing medications to manage symptoms, reduce agitation, ensure patient and staff safety, and prevent unnecessary inpatient admissions.



**Quality Program** – A structured, data-driven framework that standardizes care, aligns dispositions with clinical risk and acuity, ensures comprehensive documentation, and supports integrated, measurable care.



#### **Need a More Comprehensive, Team-Based Model?**

Ask about **Array OnDemand Care+**, which pairs independently licensed master's-level clinicians with board-certified psychiatrists to deliver triage, risk assessment, therapeutic intervention, and discharge planning. This team-based approach helps hospitals scale behavioral health support, reduce delays, and optimize psychiatric resources – resulting in a more efficient and cost-effective model of acute care.



# Why Healthcare Organizations Choose Array OnDemand Care

- Dedicated Psychiatric Expertise Care is delivered exclusively by board-certified psychiatrists with deep experience in acute crisis care—ensuring clinical accuracy, confident decision-making, and appropriate level-of-care recommendations in high-pressure settings.
- **Reduces ED Boarding Times** Speeds access to psychiatric care and disposition decisions, helping hospitals move patients through the ED more efficiently, reduce overcrowding, and free up beds for other patients.
- **Seamless EHR Integration** Built on Array's interoperable *Epic*-based platform, enabling data sharing, provider collaboration, access to clinical history, and integrated referral workflows.
- **Comprehensive Crisis Care** More than a defensive disposition, Array OnDemand Care provides a complete solution including an accurate, risk-informed placement determination, proactive initiation and management of stabilizing medications, discharge planning, and coordinated follow-up recommendations.
- **Proven Impact** Demonstrated reductions in length of stay, lower rates of unnecessary inpatient admissions, and improved patient outcomes.

### Expand Behavioral Health Support Across the Continuum

Array's outpatient solutions can be layered with Array OnDemand Care to support patients across acuity levels and care settings:



### **Array Community Care**

#### **Expand Outpatient Capacity Without Adding Strain**

Partner with Array to integrate behavioral health services into existing outpatient programs or launch new ones. Our licensed clinicians deliver virtual psychiatric care, therapy, and medication management in hospital-affiliated medical groups, primary care, specialty clinics, and community health centers. This scalable model expands access, prevents unnecessary ED visits, and keeps patients connected to care within your system.



#### **Array AtHome**

#### **Reliable Referral Option for Ongoing Support**

Provide discharged or referred patients with timely access to virtual psychiatry and therapy, typically within days. Our licensed clinicians deliver measurement-based care that helps patients stay engaged, navigate barriers to care, and avoid unnecessary hospitalizations. With Array AtHome, patients receive consistent, quality care from the comfort of home, improving long-term stability and outcomes.

### Partner with Array to Strengthen Acute Behavioral Health Care

With over 25 years of experience, Array Behavioral Care is the nation's leading virtual behavioral health practice, trusted by health systems and hospitals to deliver expert care when and where it's needed most, from crisis stabilization to sustained recovery.

Discover how Array OnDemand Care can make a meaningful difference for your patients, providers, and operations.

Visit arraybc.com to learn more.